Wild Woods • Week 12
Aug 23-29, 2026

Sunday	**Dinner**	Walking Taco Chip, Beef, Shredded Cheese, Diced Tomatoes, Shredded Lettuce, Guacamole, Sour Cream, Corn Dogs, Assorted Condiments, Capri Sun
	Snack	Animal Crackers
Monday	**Breakfast**	Buttermilk Pancakes, Butter & Syrup, Sausage Links, Hard Boiled Eggs, Cereal, Yogurt Cups, Milk, Orange Juice, Assorted Fresh Fruit, Assorted Donuts
	Lunch	Ham & Cheese Sliders or Turkey & Cheese Sliders, Potato Chips, Carrot & Celery Sticks, Ranch, Red & Green Grapes, Melon Cubes, Capri Sun, Choc. Chex Mix
	Dinner	Spaghetti, Marinara Meatballs, Parmesan Cheese, Garlic Breadsticks, Salad & Dressings, Fruit Punch Froot Jooce, Assorted Fresh Fruit, Pink Lemonade
	Snack	Sliced Apples with Caramel Sauce
Tuesday	**Breakfast**	Scrambled Eggs, Hash Brown Patties, Assorted Muffins, Cereal, Yogurt Cups, Milk, Grape Juice, Assorted Fresh Fruit
	Lunch	Chicken Nuggets, Potato Smiles, Baby Carrots, Ranch, Peaches & Plums, Assorted Fresh Fruit, Lemonade, Orange Punch, Cheez-its
	Dinner	Chicken Cheese Quesadillas, Salsa, Sour Cream, Salad & Dressings, Guacamole, Churro Donuts, Assorted Fresh Fruit
	Snack	Popcorn
Wednesday	**Breakfast**	Waffles, Syrup, Sausage Patties, Hard Boiled Eggs, Cereals, Yogurt Cups, Milk, Apple Juice, Fresh Fruit, Assorted Danishes
	Lunch	Hot Dogs, Hot Dog Buns, Baked Macaroni & Cheese, Fritos Corn Chips, Salad & Dressings, Cantaloupe & Honeydew Melon Cubes, Oreos, Assorted Fresh Fruit, Grape Drink
	Dinner	Hamburger Sliders, Sliced American Cheese, Pickles, Onions, Tomatoes, Lettuce, French Fries, Salad & Dressings, Watermelon Slices, Fresh Fruit, Grape Punch
	Snack	String Cheese
Thursday	**Breakfast**	Scrambled Eggs with Ham & Cheese, Hash Browns, Chocolate Croissants, Cereal, Yogurt Cups, Milk, Orange Juice, Assorted Fresh Fruit
	Lunch	Chicken Noodle Soup, Grilled Cheese Sandwiches, Goldfish Crackers, Salad & Dressings, Pineapple Slices, Assorted Fresh Fruit, Lemonade, Teddy Grahams
	Dinner	Cheese Pizzas, Pepperoni Pizzas, Veggie Pizzas, Pasta Salad, Salad & Dressings, Pineapple Slices, Assorted Fresh Fruit, Lemonade
	Snack	S'mores Bars
Friday	**Breakfast**	Breakfast Pizzas, Bacon/Egg/Cheese/Pepper Egg Bites, Cinnamon Rolls, Assorted Cereals, Yogurt Cups, Milk, Apple Juice, Assorted Fresh Fruit

Trout Lake Camps kitchen staff members are accustomed to serving campers with special diets and we do everything in our power to provide safe and tasty alternatives. Gluten/dairy free alternatives are always available to our campers on our alternative serving line during meals as well as vegetarian options. Our kitchens are free of peanut and tree nut products. We provide soy and oat milk in our dining room beverage stations. Campers can bring a few personal food items with them if it is necessary and store them in our guest cupboard or refrigerator located in easily accessible areas in the dining halls (labeled with name and dates). If you have any questions regarding special diet needs, please email rLockhart@TroutCamps.org.

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