



## FALL REFRESHMENT WOMEN'S RETREAT

September 24-26, 2021 | Trout Lake Camps

## HIGHLIGHTS

### WORKSHOPS

Our workshop leaders bring a godly perspective to a variety of relevant topics. You'll be strengthened spiritually and inspired to engage your world in a new and meaningful way. You'll also connect with other women who share your interests and concerns.

### ACTIVITIES

Customize your weekend by choosing from many camp activities: zipline, climbing wall, boating, archery, volleyball, riflery, biking, or a camp tour. Or if you prefer, take time to relax, nap, walk, read, craft, shop in town, or hang out with friends.

### WHAT TO BRING

You will need a pillow and a sleeping bag or twin-size bedding. Other necessities: towels, warm clothes, walking shoes, rain gear, flashlight, toiletries, and Bible. If you would like to join a morning exercise class, bring workout clothes.

## REGISTRATION INFORMATION

### REGISTRATION BEGINS MAY 3 AT NOON.

REGISTER ONLINE : [www.troutlakecamps.org/retreats/womens-retreat](http://www.troutlakecamps.org/retreats/womens-retreat)

Receive a \$5 discount if you register before July 15 (online promo code EARLY4FR). Pastors and pastors' wives receive a \$10 discount (by mail only). Payments are nonrefundable but are transferable.

We will do our best to fulfill your housing request. Women from the same church who select the same housing will be housed together whenever possible. Beyond this accommodation, if you wish to request specific roommates, please indicate this on the registration form.

Rustic cabins at both The Point and Timber Ridge house 12 and use down-the-path bathrooms. Modern cabins, which have their own bathroom and vary in size, sleep 6-12 women. Remodeled Rustic Cabins were recently built but have no bathroom. The 26 rooms in Shalom House each offer hotel-like accommodations for two. Please make other arrangements for infants and children; we are not able to accommodate them.

Food Service questions should be directed to [rlockhart@TroutCamps.org](mailto:rlockhart@TroutCamps.org).  
Registration questions should be directed to [Registration@TroutCamps.org](mailto:Registration@TroutCamps.org).  
Direct questions about retreat content to Mandy Johnson at 651.633.0560 or [mjohnson@convergenorthcentral.org](mailto:mjohnson@convergenorthcentral.org).



PEACE I LEAVE WITH YOU, MY PEACE I GIVE YOU.  
I DO NOT GIVE TO YOU AS THE WORLD GIVES.  
DO NOT LET YOUR HEARTS BE TROUBLED AND DO NOT BE AFRAID.

John 14:27 NIV

## SCHEDULE

### CHRISTIANANN LARSON | SPEAKER



ChristianAnn Larson is a follower of Jesus, wife to JD, mom to three toddlers, and a church planter. She grew up in California and has been in ministry since 2010, earning her Masters of Divinity from Bethel Seminary in 2013. In 2018 God called ChristianAnn and JD to plant a church in northwest Minneapolis. They moved there, trusting God to call others to join them. And he did! ChristianAnn is North City Church's Co-Lead Pastor. She is passionate about people meeting Jesus around the messy everyday tables of life. She loves an honest conversation about good or hard things, walking the neighborhood with her dog and family, adventures along the North Shore, and a good dinner out with JD.

### KATY DAHL | WORSHIP LEADER



Katy Dahl is a Minneapolis singer/songwriter and worship leader. Growing up in northern Minnesota, she developed a passion for the Lord and music. After attending a two-year Bible college, she served as worship leader at Living Hope Church in Rogers. In 2017, she graduated from the University of Northwestern - St. Paul and released her first album of original songs, *HOME*. A year later she worked with artist/producer Chris August to finish her second album, *Faithful*. Since then, "Watching Over Me" and "Nothing Without You" (from her latest album) have picked up radio play from several stations. Katy is Associate Worship Leader at Grace Church in Eden Prairie and is humbled by the opportunity to share the Gospel through music.

#### Friday, September 24

Check-In at Dining Hall	5:00 pm
Dinner	6:00-7:30 pm
Chapel	8:00 pm
Refreshments	9:30 pm

#### Saturday, September 25

Breakfast	8:00 am
Chapel	9:15 am
Free Time	11:00-6:00 pm
Lunch	11:45 am
Workshops	12:45 & 3:00 pm
Banquet at Timber Ridge	5:00 & 7:00 pm
Concert after Banquet	6:00 & 8:00 pm

#### Sunday, September 26

Breakfast	8:15 am
Worship Service	9:30 am
Lunch	11:30 am

