



**GIRLS' GETAWAY
PARENT
INFORMATION
PACKET**

Dear Moms,

We are so excited to have you and your daughter(s) joining us for Girls' Getaway at Trout!

This packet contains all of the information and documentation that you will need prior to arriving at Trout. If you have any questions about anything contained in this booklet, please let us know.

It is our hope that this weekend is a chance for you and your girl(s) to get away from the normal everyday routine-to connect through shared activities, worship times, devotions, and chapel times. We hope to create memories at Trout that will last a lifetime.

As a Mom, you can think of your role in this weekend to fall into these basic categories:

SPIRITUAL

- Pray that God would show up in a powerful way in you and your daughters' lives
- Be a model of Christian character (Your daughters(s) do what you do, say what you say, love how you love)
- Be sensitive to the spiritual needs of your daughter(s)
- Come prepared to pray with and for your daughter(s)
- Be ready to respond with the gospel as the Spirit moves following Chapel times and throughout conversations that take place throughout the weekend
- Be open to whatever change God would do in your own life

RELATIONAL

- Make the first move in initiating conversations with your daughter(s)
- Be ready to listen and teach how to listen by your example
- Follow Trout's rules and enforce them gently but firmly with your daughters(s)

GENERAL

- Be prepared for check-in when you arrive! Refer to the [Friday Night Checklist](#) to make sure you are ready and don't have to spend the first part of your weekend filling out and signing forms
- Help with crowd control during the large group times (meals, Chapel times, & activities)

Know that we, Trout Staff, are praying for you and your daughter(s) as the weekend of Girls' Getaway approaches!



Girls' Getaway Schedule 2020 (*Tentative*)

FRIDAY EVENING

- 7:00–8:30 Registration & Check-In – (Follow Road Signs)
- 7:00–9:00 Snack
- 9:15 Orientation & Session 1 – (Worship & Speaker)
- 10:15 Head to Cabins
- 10:45 Lights Out

SATURDAY

- 8:00–8:30 Breakfast
- 8:45–9:15 Mother/Daughter Devotional
- 9:30–10:30 Session 2 – Chapel (Worship & Speaker)
- 10:45–12:00 Mother/Daughter Activities I (Various Locations)
- 12:30 Lunch
- 1:00–4:45 Mother/Daughter Activities II (Various Locations)
- 5:00–5:30 Dinner
- 6:15 Session 3 – Chapel (Worship & Speaker)
- 7:30–8:30 CAMP WIDE GAME
- 8:30–9:00 Snack
- 9:00–10:30 Mother/Daughter Activities III (Various Locations)
- 10:45 Head to Cabins
- 11:00 Lights Out

SUNDAY

- 8:00 Breakfast - Dining Hall
- 8:45 Chapel Session 4 - TR Chapel
- 9:45 Pack Up / Clean Up Your Cabins
- 11:30 Lunch - Dining Hall
- 12:15 End of Retreat... See You This Summer!

Saturday Afternoon Activity Options
(Activities Subject to Change based on Retreat Size and Weather)

Archery
BB Gun Range
Floor Hockey
Slingshot Range
Riflery
Climbing Wall
Laser Tag / Paintball
Camp Store

Soda Fountain
Crafts
Archery Tag
Black Light Dodgeball
Crate Stacking
High Ropes Course
Color War!
And More!

Important Reminders

Refunds and Deadlines

Reservations that are cancelled more than 31-days prior to the event are subject to a \$25 cancellation fee per person. If you request a cancellation one week or less out from the event, 100% of the fee becomes on-refundable. Refunds are issued in the same format payment was made (check, credit card, etc.). To request a cancellation/refund, contact our office at 218.543.4565.

Medical and Liability Forms

Please remember to fill out the camper and adult medical & liability forms (available online in your registration account). If you do not have this form completed when you arrive, we will have forms available, however, if we have the forms ahead of time, we are better able to prepare for any food allergies or individual housing needs.

Food Allergies

If anyone in your group has an allergy that limits what they can eat, please feel free to connect with our Food Service Director, Kristy Miller, to discuss your concerns. Contact Kristy by email at kMiller@TroutCamps.org or by phone at 218.543.7531.

Please be aware that Trout's canteen and snack areas have foods containing peanuts and tree nuts. We also cannot control what other families bring with them for their personal snacks.

GIRLS' GETAWAY

Packing List



What to Bring:

- Bible
- Notebook
- Pen or Pencils
- Bedding – pillow, blankets or sleeping bag, sheets (twin size)
- Toiletries, towel, pajamas, etc.
- Gym Shoes (For indoor activities)
- Closed-toe shoes (required for certain camp activities)
- Outdoor Spring Clothing for rain, warmth, etc.
- Casual clothing (it's a jeans and hoodie kind of weekend)
- Some activities will be outside, so bring warm clothing (and an extra set "just in case")
- Cash to purchase extra treats and camp souvenirs
- Towel

What to Expect:

- To be challenged to grow in your relationship with Christ
- To meet new friends and grow closer as a parent with your children
- To have lots of fun
- Connect with God through meaningful worship times
- To grow closer as a family in your relationship with Jesus
- To be exhausted at the end from a full, fun, and meaningful weekend
- Minimal internet. Trout's internet bandwidth is only large enough to support the needs of the camp, however, we do have open guest WiFi where available
- Most major cell carriers have good LTE reception at Trout with the exception of Sprint.

Items to Leave at Home:

- Expensive electronics that can get damaged or stolen (laptops, tablets, etc.)
- Tobacco, alcohol, vaping products
- Illegal drugs, fireworks, weapons, guns, etc.
- Pets
- Personal climbing gear and paintball equipment*

*Our staff are only trained to manage our activity gear, not yours.