

# University Retreat Schedule

(Sample Schedule, Activities are tentative and subject to change)



## Tuesday

6:00 - 8:00	Registration and Check-In (Stoneridge Lobby)
9:00	Appetizer Snacks (Stoneridge)
10:00	Chapel (Lower Stoneridge)
11:30	In Cabins
12:00	Lights Out

## Wednesday

9:30	Breakfast (Free Time Sign-ups Available)
9:45	Espresso Available (The Barn)
10:15	Chapel (Lower Stoneridge)
11:15	Box Sled Competition – Build your Sled (Lower Stoneridge)
12:30	Lunch (Stoneridge)
1:00	Free Time Activities
	Sign-Ups:
	Broomball Tourney (1-3 pm) (Ridgeline Park)
	Sauna on the Lake (1-5 pm) (The Point)
	TR Climbing (3-5 pm) (The Barn)
	Crate Stacking (3-5 pm) (Tall Timbers)
	Just Go and Do:
	Floor Hockey (1-2:45 pm) (Tall Timbers)
	Dodge ball (1-5 pm) (Ridgeline)
	Skate Park (1-5 pm) (Tall Timbers)
6:00	Supper (Stoneridge)
6:45	Tubing (Stoneridge)
8:00	Snack Available (Stoneridge)
9:00	Special New Years Eve Chapel
11:50	Countdown to Midnight (Stoneridge)
12:00	Fireworks (Stoneridge Deck)
12:45	In Cabins
1:00	Lights Out

## Thursday

9:30	Breakfast (Stoneridge)
9:45	Espresso Available (The Barn)
10:15	Chapel (Lower Stoneridge)
11:00	Box Sled Competition (Tubing Hill)
12:00	Lunch (Stoneridge)
12:45	<b>HAVE A GREAT YEAR!</b>

# University Retreat

Additional information



## Things to bring:

- Bible
- Notebook
- Pen or Pencils
- Bedding – pillow, blankets or sleeping bag, sheets (twin size)
- Toiletries, towel, pajamas, etc.
- Extra pair of gym shoes
- Closed-foot shoes
- Season appropriate attire (Winter Coat, Boots, Snow pants, gloves, Hat, scarf, etc.)
- Casual clothing (It's a jeans and hoodie kind of weekend)
- Some activities will be outside, so bring warm clothing (and an extra set "just in case")
- Cash to purchase extra treats and camp souvenirs
- Completed Health Form (available online @ [troutlakecamps.org/about/resources](http://troutlakecamps.org/about/resources), scroll to bottom and download & complete the Youth Retreat Medical Form)

## What to expect:

- To meet new friends
- To have lots of fun
- Plenty of down-time to rest, drink your favorite hot drink, play games, cozy up to a fire!
- Experience meaningful worship and great bible-centered messages that will challenge in their relationship with Jesus Christ.
- To make a lasting memory!

## Possible Recreation Activities for Saturday afternoon:

- Climbing Wall
- Bouldering Wall
- Ping Pong
- Air Hockey
- Board Games
- Dodge ball in Ridgeline
- Carpet Ball
- Broom Ball
- Soda Fountain in the Barn
- Games in Tall Timbers
- Skate Park in Tall Timbers
- Crate Stacking
- Indoor Skate Park
- Tubing Hill (weather permitting)
- Polar Plunge Lake Jump & Sauna (weather permitting)
- Zip line (weather permitting)
- Laser Tag
- Black Light Dodge ball
- Bon Fire